

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES  
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

## 144: Filer Information

Filer CIK 0001478762  
Filer CCC XXXXXXXXX  
Is this a LIVE or TEST Filing?  LIVE  TEST

### Submission Contact Information

Name  
Phone  
E-Mail Address

## 144: Issuer Information

Name of Issuer STRONGHOLD DIGITAL MINING, INC  
SEC File Number 001-40931  
Address of Issuer 595 MADISON AVENUE  
28TH FLOOR  
NEW YORK  
NEW YORK  
10022  
Phone (845) 579-5992  
Name of Person for Whose Account the Securities are To Be Sold GREGORY ALLAN BEARD & LAURIE A BEARD TEN COM

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Officer  
Relationship to Issuer Director

## 144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common	Morgan Stanley Smith Barney LLC Executive Financial Services 1 New York Plaza 8th Floor New York NY 10004	13811	32817.70	12645479	04/15/2024	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

# 144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired	Is this a Gift?	Date Donor Acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment *
Common	04/15/2024	Compensation for Past Services	Issuer	<input type="checkbox"/>		13811	04/15/2024	Services Rendered

\* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

# 144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
GREGORY ALLAN BEARD & LAURIE A BEARD TEN COM 595 MADISON AVENUE 28TH FLOOR NEW YORK NY 10022	Common	03/18/2024	35896	141993.81
GREGORY ALLAN BEARD & LAURIE A BEARD TEN COM 595 MADISON AVENUE 28TH FLOOR NEW YORK NY 10022	Common	01/18/2024	10147	52242.84

# 144: Remarks and Signature

Remarks On November 7, 2022, Mr. Beard agreed to separate his \$600,000 annual salary to a cash salary of \$58,500 per year and \$541,500 in equity compensation. In 2024, to comply with minimum wage laws, Mr. Beard's cash salary was moved to \$62,400. The remaining \$537,600 is paid in equity compensation. The securities sold pursuant to this Form 144 are solely to cover taxes associated with the equity compensation received by Mr. Beard for his employment with the Company during the first quarter of 2024.

Date of Notice 04/15/2024

## **ATTENTION:**

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Gregory Beard

**ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)**